

# accent



## Clinical Services

We help to optimize a person's participation and function in life.





## Locations



## Head Office

20 Belmore Street, Penrith NSW 2751

\* Travel charges are regionally based and can be negotiated on a client by client basis

**(All correspondence via head office)**

20 Belmore Street  
Penrith NSW 2750  
P: 02 4731 5009



## What do Clinical Services provide?

Accent provides a range of private health services to clients of the community. Accent accepts referrals from the injured person (self referral), all levels of insurers, public and private hospitals, medical centres, specialist units and other government and private medical facilities.

Accent provides clinical services in a flexible manner that is tailored to the individual's need. Services can be provided as a one-off assessment or treatment for one specific clinical reason or in combination by multiple therapists for multiple different needs. Accent can be work with the person for both short or long periods of time. All programmes are goal directed.

Services are provided for clients of all ages, spanning childhood through adolescence, adulthood and the aged.

Accent clinical services include:

- Assessment of the person's abilities and environment.
- Case management to assist the person manage their rehabilitation.
- Therapy and treatment tailored to the person's individual needs.
- Discharge planning to facilitate a smooth transition between hospital and home.
- Training, wellbeing and health promotion programmes for individuals and groups.
- Research into clinical areas impacting upon service delivery and service development.
- Consultancy services.





## Assessment of the person's abilities and environment.

Occupational therapists, speech pathologists, psychologists, rehabilitation counsellors and educators and trainers can undertake assessment of a person's ability to participate in daily activities. Daily activities include self care, play, education, work and leisure and sport activities. Part of the assessment looks at the person's ability to interact with other people and behave according to different situations.

Assessment can occur in the person's home, play area, school or educational facility and work environment.

Accent offers assessment for adaptive equipment and wheelchair prescription to facilitate safety and independence in the home and community. Accent's occupational therapists can fabricate splints to assist with maintenance of movement and joint integrity.

Accent can undertake level 1, 2, and 3 home modification assessments.

Accent can assist with the development of attendant care programmes by undertaking care needs assessments.

Accent undertakes medicolegal assessments of clients post injury for both defendant and plaintiff solicitors.

## Case management to assist the person manage their rehabilitation

Case Management is a service, which finds, coordinates and checks on services to meet the individual's needs by assisting the person to work out what services are required and then organises the provision and monitoring of that service. (Case Management Society of Australia).

Accent's case managers assist the person to track and coordinate medical reviews and therapies, liaise with funding bodies including Insurers, Employers and Government Bodies to develop, implement and monitor rehabilitation programme



## Discharge Planning

**Accent's** clinical team are skilled and experienced in facilitating discharge planning. Successful discharge planning ensures a smooth transition for the client and family as they return home and to life in the community.

**Accent** has been providing discharge planning assistance for 10 years with an increase in request for these services in the last 12 months.

**Accent** works with inpatient staff closely to ensure the person's treatment needs post hospitalisation are identified, the home is safe to return to and that adequate and appropriate support is available to meet client needs.

**Accent** continues to work closely with specialist hospitals including spinal and brain injury units as well as Acute hospitals and Generic rehabilitation centres. Hospitals that **accent** has successfully worked with to facilitate discharge planning has included: Westmead Brain Injury Unit, Liverpool Division of Medicine, Liverpool Brain Injury Rehabilitation Unit and RPA Spinal Unit.

Ideally, successful discharge planning occurs when:

### **Inpatient or Treating Staff:**

- Have identified the complexity of the discharge at an early stage.
- Have notified the treating doctor and where involved, the managing insurer.

### **One of these parties then:**

- Engage **accent** to commence case managing/discharge planning with the person in conjunction with the inpatient/ treating staff.

### **Accent Rehabilitation Services' Occupational Therapists facilitate:**

- Coordination of home assessment and modifications. This can include sourcing a property for rental or purchase.
- Long term equipment hire at home.
- Community services at home.
- Treatment handover (where required) from inpatient/ treating staff
- Long term monitoring and follow up.



## Occupational Therapy Services

**Accent** employs only experienced Occupational Therapists who have sound working experience in a variety of treatment facilities including brain injury units, rehab units and paediatric centres.

### **Our Occupational Therapy services include:**

Implementation and training in physical and cognitive adaptive strategies related to activities of daily living including:

- Functional mobility.
- Transfers.
- Personal hygiene/grooming.
- Feeding.
- Communication.
- Household management (shopping, cleaning, meal preparation, laundry).
- Training in task simplification and energy conservation techniques.
- Guidance, assistance and support to resume involvement in pre-injury or new leisure activities.
- Equipment prescription, organisation of the purchase of equipment, including training in its use.
- Home modifications - up to level 3 (complex).
- Facilitating participation in activities to enhance physical functional ability.
- Training in the use of public transport.
- Carer training.
- Splinting.
- Wheelchair prescription.
- Assistance to develop or re-establish community access such as banking, shopping, interaction with government or community agencies and household service providers.

### **Our specialist areas include:**

- Brain injury.
- Spinal cord injury.
- Orthopaedic injury / joint replacement and aged care.
- Paediatric assessment and treatment.



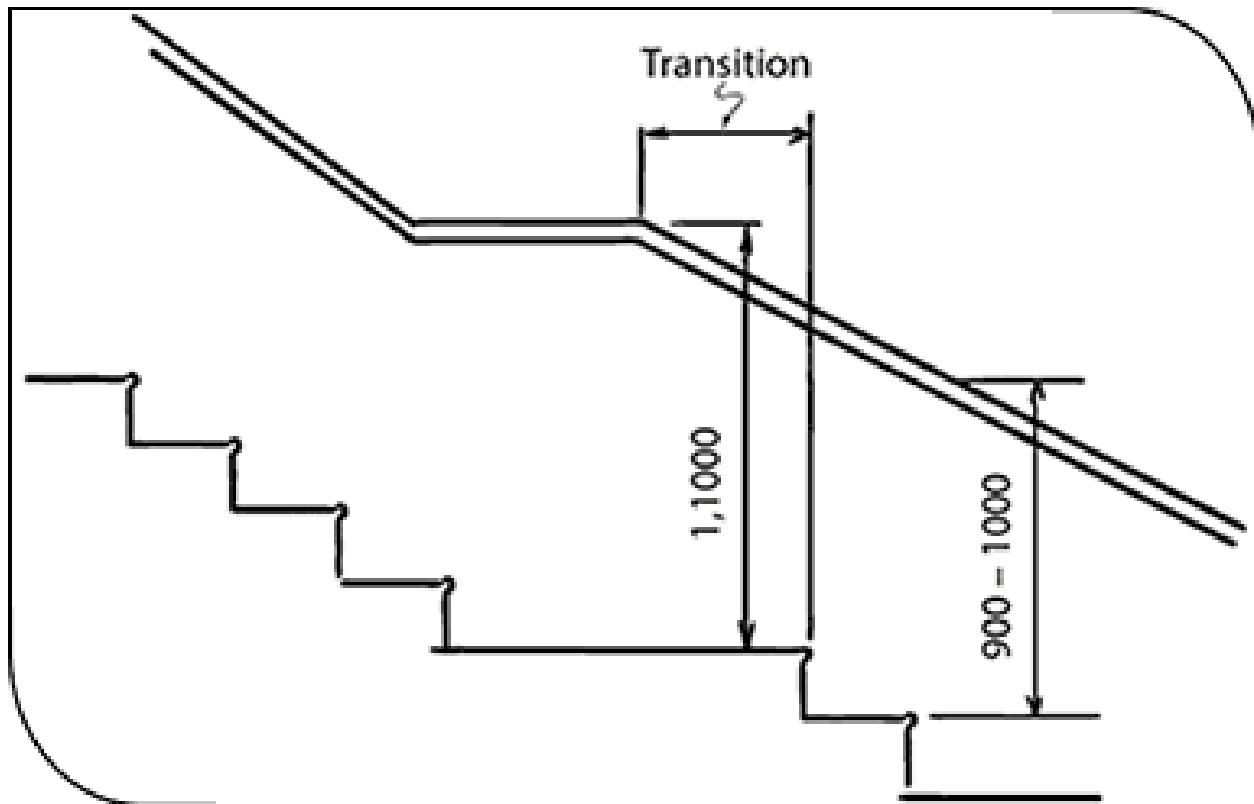
## Home Modifications

**Accent** can provide a range of home modification consultancy services.

Our experienced Occupational Therapists can provide basic recommendations on grab rails in bathrooms right through to planning and development of fully modified or made to measure houses.

Our home modification services include:

- Home assessment.
- Advice on equipment and modifications (fixed and moveable).
- Supply of equipment.
- Development of plans/drawings supplied to builders to fit modifications.
- Liaison or sourcing of qualified and experienced handymen/builders





## Speech Pathology Services

**Accent** employs only experienced Speech Pathologists who have sound working experience in a variety of treatment backgrounds including brain injury, rehabilitation and paediatrics.

A Speech Pathologist has been trained to assess and treat people who have a communication disability. Communication disabilities are the result of problems with speech, using and understanding language, voice, fluency, hearing, or reading and writing. Communication is the process of being able to understand and to be understood and is something most of us take for granted. One in seven Australians has some form of communication disability. This means that one in seven people has a problem understanding other people or being understood by people. Speech Pathologists also work with people who have difficulties swallowing food and drink.

### **Speech Pathology services include:**

- Voice training.
- Rehabilitation for severe brain injury.
- Liaising with the carers of an individual with dementia.
- Helping individual's who have had a stroke to regain their communications skills, advising their partner and family.
- Providing education for teachers, doctors or parents.
- Providing communication strategies for a person with intellectual disability.
- Treating a person who has swallowing problems following a stroke.
- Assisting adults who are learning to read.

Speech Pathology is provided in a variety of ways including providing individual therapy, working in small groups, working within a workplace setting, becoming involved in home-based programs, providing resources and information, as well giving advice and direction to clients, their carers and other professionals.

## Costs for Services

Services can be accessed through:

- Workers compensation or third party compensation
- Medicare funding such as the:
  - Enhanced Primary Care Plan
  - Mental Health Plan
- Faschia Funding
- Private Health Funds
- Private payment for services

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## Contact Us

If you would like further information, regarding the services and training packages that we offer, please contact our head office and arrange an Accent visit or log onto our website for further information and online referrals.

Head Office:

**Level 20 Belmore Street PENRITH NSW 2751**

**Phone: 02 4731 5009**

**Email: [admin@accentonhealth.com.au](mailto:admin@accentonhealth.com.au)**

**Website: [www.accentonhealth.com.au](http://www.accentonhealth.com.au)**

For more information and industry news Accent offers:

## Accent on Employers

A newsletter targeted to employers, business owners, supervisors, managers and RTW coordinators that keeps you up-to-date with the latest in industry news and company updates.

## Accent on Health

A newsletter that keeps you up-to-date with the latest in injury management, industry news and company updates.

To get your hands on a copy or to be added to the mailing list, email [admin@accentonhealth.com.au](mailto:admin@accentonhealth.com.au) or visit [www.accentonhealth.com.au/newsletters](http://www.accentonhealth.com.au/newsletters)



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